

AL's Pals Introductory Professional Development

Day 1: Preparing to Implement AL's Pals

AGENDA

Learning Objectives

- Examine how social-emotional learning impacts overall childhood development.
- Explore how inclusive environments support positive social-emotional development
- Evaluate strategies to foster protective factors

Welcome and Introductions

Review of Agenda and Learning Objectives

Understanding Social-Emotional Learning (SEL)

- What is SEL?
- Why is SEL is part of childhood
- Impacts of positive SEL

Examining Inclusive Communities

- The Role of a Community
- Diversity in the Classroom Community
- Building Relationships with Each Child
- Analyzing Individual Differences
- Trauma Sensitive Classrooms
- Advancing Equity in the Classroom Community

Helping Children Learn to Work and Play with Others

- Supporting Social-Emotional Development
- Skills to Form Successful Peer Relationships
 - Establishing Contact
 - Maintaining a Positive Relationship
 - Negotiating Conflicts

AL's Pals: Fostering Resiliency through Guide Skills

- Understanding Protective Factors
- Using Guide Skills to Promote Protective Factors
 - ∞Listen ∞Facilitate Brainstorming ∞Validate Feelings ∞Communicate Clear Norms
 - ∞Respond to Sensitive Issues ∞Role Model

Putting It All Together

AL's Pals Introductory Professional Development

Day 2: Implementing AL's Pals

AGENDA

Learning Objectives

- Reflect on guide skills to promote protective factors.
- Examine the AL's Pals Curriculum, materials, and core concepts
- Experience key lesson implementation.

Welcome and Introductions

Review of Agenda and Learning Objectives

Protective Factors and Resiliency

- Review how guide skills foster protective factors and resiliency
- Introduce AL's Pals: The evidence-based, top-rated SEL curriculum that fosters PF and Resiliency

AL's Pals Overview

- Examine core concepts
 - Identification and Expression of Feelings, Positive Relationships, Communication, Impulse Control, Brainstorming, Safe and Healthy Choices, Problem-Solving
 - Alignment to ODLs and Resiliency Frameworks
- Explore kit materials for classrooms and families
- Show impacts of the program

AL's Pals Nurturing Environment and Lesson Implementation

- Vicarious experiences with lesson plans, songs, and puppets
- Scenarios

Putting It All Together